

# 臺北市立大學公務出國(赴大陸地區)報告提要表

出國(赴大陸地區)報告名稱： 提升兒童與專業實務工作者的心理韌性：遊戲治療實務、教育與研究 Enhancing resilience in children and practitioners: Play Therapy Practice, Education and Research	
出國(赴大陸地區)計畫主辦機關：臺北市立大學 聯絡人：莊雅婷 電話：02-23113040#4931	
出國(赴大陸地區)人員姓名/服務機關/單位/職稱/電話： 莊雅婷/臺北市立大學/心理與諮商學系/助理教授/電話：02-23113040#4931	
出國(赴大陸地區)類別： <input type="checkbox"/> 1 考察 <input type="checkbox"/> 2 參訪 <input type="checkbox"/> 3 觀摩 <input type="checkbox"/> 4 進修 <input type="checkbox"/> 5 研究 <input type="checkbox"/> 6 實習 <input type="checkbox"/> 7 訓練 <input checked="" type="checkbox"/> 8 其他活動：個人名義受邀出席研討會	
出國(赴大陸地區)期間: 112/08/31-2023/09/03 報告日期: 2023/09/07	出國(赴大陸)地區： 香港銅鑼灣區 樹仁大學
內容摘要： 一、緣起： 心理與諮商學系莊雅婷老師，為目前臺灣遊戲治療學會理事長，受邀參與於香港樹仁大學所舉辦的「提升兒童與實務工作者的心理韌性：遊戲治療實務、教育和研究」研討會(Enhancing Resiliency in Children and Practitioners: Play Therapy Practice, Education and Research)。除了受邀口頭發表：“The development, challenges, and prospect of the Association for Taiwan Play Therapy”(臺灣遊戲治療專業之發展、挑戰與未來展望)之外，亦受邀於閉幕典禮時，代表臺灣遊療學會與不同國家之遊戲治療專業組織代表進行圓桌論壇之交流分享。差旅經費為自籌，返國後依行政院及所屬各機關出國報告綜合處理要點辦理，將出國報告繳交於臺北市立大學與國科會結案報告。 二、出國人員： 莊雅婷 三、目的： 本次前往香港樹仁大學所舉辦的亞洲第一屆遊戲治療專業發展的國際研討會，於研討會中介紹臺灣遊戲治療專業發展情況，進行國際學術交流，提升本校研究發展之國際能見度。 四、過程： 2023/08/31從臺北出發至香港，隔天2023/09/01-2023/09/02即遇到蘇拉登陸香港，因為兩天均達超強烈、強烈颱風的停班停課標準，因而這二天均在大會所安排的酒店，以ZOOM進行國際研討會，9/02晚上受邀參加大會的晚宴，晚宴為研討會工作團隊，以及各國的代表；9/03則實體參加會後工作坊，並依規劃9/03搭晚上的班機返回臺北。 五、心得效益： 本次與會者包含 International Consortium of Play Therapy Association (IC-PTA) 及 Association for Play Therapy (APT)的代表 Dr. Sue Bratton，還有 British Association of Play Therapy (BAPT)的代表 Sarah Hickson, Australasia Pacific Play Therapy Association (APPRA)的理事長 Josephine Martin, Hong Kong Academy of Play Therapy 的理事 Dr. Sharon Wang, 來自中國的兒童精神科醫師 Dr. Jungyi Fan, Association of Play Therapy in Singapore 的理事長 Abigail Lee, National Association for Play Therapy India 的創辦人 Lucy Brown, Japan Association for Play Therapy 的共同創辦人 Dr. Akiko Ohnogi 等多位各地的學者專家來討論分享遊戲治療在各個地區的發展、現況、挑戰及展望，各地的學者專家一致的提出提高遊戲治療專業能見度的重要性。 許多專家學者指出遊戲治療在各地只有短暫、密集的訓練，缺乏持續的督導，也時常缺乏政府機關及學會的監督，因此大大的影響了遊戲治療介入的成效與專業成長。因而，若能提升遊戲治療人員接受系統化、連續性的遊戲治療訓練、以及長期的督導則為未來發展的方向。	

最後，本研討會亦為香港樹仁大學成立亞洲第一個遊戲治療的專業碩士學程之說明會，該學位課程將以” Love Children, Love Play” 做為未來發展之願景，以落實個案福祉、專業認同之永續發展。

**Enhancing Resiliency in Children and Practitioners: Play Therapy Practice, Education and Research**

Venue: Research Complex, Hong Kong Shue Yan University  
 Conference Dates: 1 September 2023 - 2 September 2023  
 Pre-Conference Workshop: 31 August 2023  
 Post-Conference Workshop: 3 September 2023

**Keynote Speakers:**

**Prof. Sue Bratton**  
 Professor Emerita, University of North Texas, and Director Emerita, UNT Center for Play Therapy

**Dr Judi Parson**  
 Discipline Leader for Play Therapy in the School of Health and Social Development, Deakin University

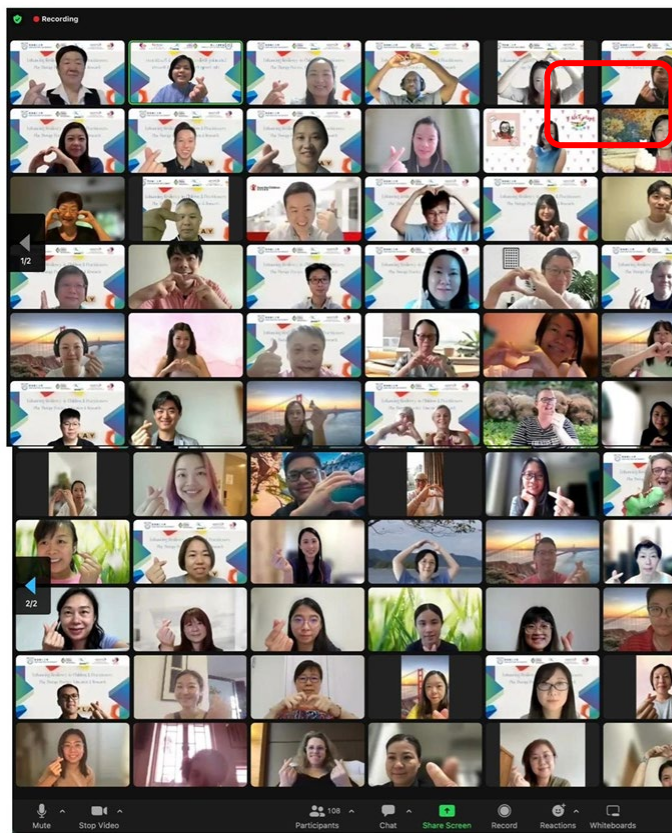
**Pre-Conference Workshop:**

**Ms Sarah Hickson**  
 Vice Chair of the British Association of Play Therapy (BAPT), Represents BAPT on the International Consortium of Play Therapy Associations (IC-PTA)

**PLAY**

**REGISTRATION**

<https://playconference.hkshyu.edu/>



大會海報

改為線上舉行



工作團隊與會各國學者代表參加晚宴



02Sep  
Sat

HK Time	Activity	Theme	Speakers	Session Chair	Venue
15:25 - 16:25	Parallel Symposium #11 (Theme 1 & 4)	Enhancing family well-being through nature play in urban settings: insights from the first-ever parent-child nature bathing play certificate course in Hong Kong	Ching FUNG	Yen CHEUNG Yim	RLB303
	Parallel Symposium #12 (Theme 2)	The therapeutic powers of play: a systematic review of procedural education for preschool children undergoing needle-related medical procedures	Belinda DEAN & Judi PARSON	Dan LIN	RLB502
		The Relations of Strength-Based Parenting with Parenting Stress and Parent-child Relationship: Comparisons of Parents of Children with and without Special Educational Needs	Chui-Ying CHEUNG & Chi-Keung CHAN		RLB502
<b>Tea Break and Booth Exhibition (20 mins)</b>					
16:45 - 18:00	Closing Ceremony: Roundtable Forum	Connection and resilience building to enhance professional work for children: an international dialogue		Judi PARSON, Ruth ZHOU De-Hui & Nigel THOMPSON	RLB502
		Sarah HICKSON (Vice chair), British Association of Play Therapy (BAPT) Josephine MARTIN (Chair), Australasia Pacific Association for Play Therapy Sharon WONG (Committee Member), Hong Kong Academy of Play Therapy <b>Jingyi FAN Invited Child Expert in Mainland China</b> <b>Ya-Ting JUANG (Chair), Taiwan Play Therapy Association</b> Abigail LEE (one of the founders), Association for Play Therapy (Singapore) Lucy BOWEN (Chair), National Association for Play Therapy India Sue BRATTON (one of the founders), International Consortium of Play Therapy Association (IC-PTA) Akiko J. OHNOGI, Japan Association for Play Therapy			
03Sep Sun	9:30 - 17:30 Post-conference Workshop	The power of involving parents / families in the play therapy process to facilitate the child's healing	Sue BRATTON	Patrick CONNOLLY	RHB108



大會手冊上，職 莊雅婷為臺灣遊戲治療學會理事長代表

### The Development, Challenges, and Prospect of The Association for Taiwan Play Therapy

Speakers: Ya-Ting JUANG & Chiao-Feng CHUNG

#### Abstract

Play therapy began to develop and blossom in 1980 in Taiwan when guidance staffs started to utilize play therapy in elementary school settings. Since the policy of hiring counseling and clinical psychologists on campus passed in Taiwan, the ability to utilize play therapy with children has also become important. This transition heightened the lack of professional and systematic play therapy training in Taiwan. In 2005, Dr. Kao worked with play therapists to establish the

Association for Taiwan Play Therapy (ATPT) to provide quality training to professionals who work with children. Since then, the ATPT has conducted basic and advanced training, supervision, and pre-and post-conference workshops with foreign scholars to enhance the quality and effectiveness of play therapy intervention. The ATPT is one of the leading resources for play therapists' training and continuing education in Taiwan.

The ATPT currently has 43 active professional members, 35 general members, and 39 student members. The ATPT has implemented play therapy consultant, play therapist, and play therapy supervisor certifications since 2017. We adapted the criteria for certification by the Association of Play Therapy, and we now have one certified play therapy consultant, nine certified play therapists, and sixteen certified play therapy supervisors.

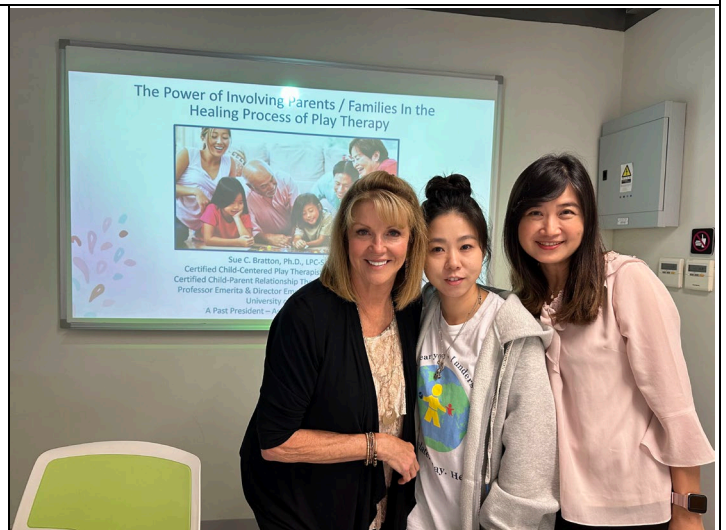
Since the first Student Guidance and Counseling Center was established in 2011, and Student Guidance Laws passed in Taiwan, guidance counselors, school psychologists, and social workers have worked together on campuses to enhance students' welfare. While free continuing education opportunities are provided for these professionals often, a lack of systematic training and supervision heavily interferes with their effectiveness in utilizing play therapy with students because these workshops are usually short-term and fragmentary. The challenge of the ATPT is to work with the school systems to bring the significance of systematic training and supervision of play therapy to these professionals' attention and encourage them to continue their professional development.

Session Chair: Jingyi FAN

#### 口頭發表大會摘要



Dean University 學者 Dr.Judi Parson 合影



International Consortium of Play Therapy Association (IC-PTA) 及 Association for Play Therapy (APT) 的代表 Dr. Sue Bratton

\* 二、三級機關須由直屬一級機關層轉