

外在可以改變 · 外在可以改變內在

影片：
Homeless Veteran Timelapse Transformation
What would you do- Homeless
典範-林明佳

體育是什麼？

動作教育 (movement education) 運動 (sport) 運動教育 (sport education)

體育運動 (physical education and sport) 從體育課變成一門專門性學科

不同層級的法規制度的規範

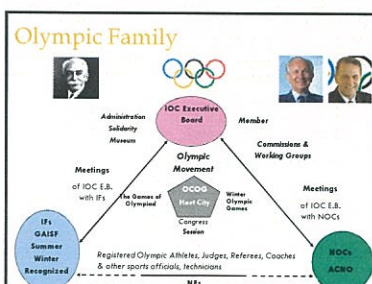
活動	結構	規則	參與程度	目的
遊戲	自由意志參與、無裁判	內部限制	自願性	無限利性的好玩
休閒	非正式、但有某些規律	內在 (精神、主觀)	自願、但有少許個人使	意在使身心清靜
競賽	有點正式及制度化	內部限制 外部 (當它成為運動的一部分時)	通常具自願性、但來自非正式的社會壓力、且好此	為了追求勝利、
運動	正式的身體競爭、法人團體制度化、及規律的官場行規	外部限制	你不同動機與外在力量在鼓勵、自願性各有比例	為了種種權利、獎金、或其他的

資料來源：王宗賓 (2000) · 運動社會學，頁7，台北：遠流。

- Introduction
- What is leadership?
 - Are you leadership material?
 - Each and every one of us are leadership material.
 - We all have ability that we bring to the table.
 - We all have levels of experience.
 - NASO: National Association Sports Officiating

- A BOLD NEW VISION
- ITS TURE WHAT THEY SAY: "GOOD LEADERS ARE MADE, NOT BORN."
 - 好的領導者是後天的培養，不是與生俱來的
 - DEVELOP THROUGH A NEVER-ENDING PROCESS OF SELF-STUDY, EDUCATION, TRAINING AND EXPERIENCE.
 - 成長是透過永不間斷的自我學習、教育、訓練和經驗的過程

- Categories of the sports competitions
運動比賽的分類
- Two teams match: basketball, baseball, volleyball, football, etc.
 - Group competition: Track and field, swimming, Triathlon, etc.
 - Judgment: Gymnasium, Martial Arts, Dance, Cheerleading, etc.



- Five core elements
- Bob Delaney(2005): five core elements on the fundamentals of leadership in NASO summit.
- Commitment
 - Communication
 - Civility
 - Ego
 - Attitude

Core leadership principles

Those core leadership principles set the stage for the ensuing discussions. The focus on the individual leadership what working referees and umpires can do to improve their leadership qualities as well as the pitfalls to avoid.

set the stage for:
pitfalls to avoid:

What lead official do better then the rest

How we make things worse

What is the number one thing officials do during a contest to create problems for themselves?

- Arrogant and confrontational attitude 自大傲慢的態度
- Lack of courage or a failure to do what we've got to do during a game 比賽中沒有勇氣處理
- Lack of professionalism 專業能力不足
- Poor communication skills 溝通技巧缺乏
- Unprofessional talk 不專業的說話
- Lack of common sense 常識不足

What's the number one thing official do during a contest to create problems for themselves

How we make things worse

What is the number one thing officials do off the court or field to create problems for themselves?

- Criticize other officials or assigners, criticize the assignments that they get. 不負責任
- Lack of responsibility-not returning their paperwork, contracts and reports.
- Not taking advantage of educational opportunities 不把機會會充實自我
- Lack of adequate preparations in rule knowledge, mechanics and physical conditioning. 準備不充分
- Unprofessional conduct away from the game. 場外不專業的行為
- Double booking and canceling assignments 重複預定取消分派
- Failure to adapt and failure to change 適應不良與改變
- Forgetting that integrity is a full-time job. 忘記正直是一個全職工作

What is the number one thing officials off the field to create problems for themselves

How we make things worse

- Getting a little too friendly
- Gossip, Sniping and backstabbing
- Letting yourself go
- Singing your own praises
- Playing with the rules
- Sucking up

Leadership comes with Respect

- Show it to earn it
- Support each other
- Keep your ego in check
- Stay upbeat off the field
- Own up to it
- Respect the game
- Make no compromises

Officiating needs from leadership