



Chapter 15

Sports for All

In the year 2011, Taipei City continued to push forward the policy of “Sports for All” through the organization of a wide range of sports activities, encouraging public participation from individuals of all ages, and actively seeking opportunities to host international sports events. Through these events, we expect to upgrade the competitiveness of our athletes, and through assisting schools to plan their physical education programs, activities and inter-school sports competitions, we expect to help each school develop its key sports and achieve the goal of fostering athletic talents. Also, to meet the demand of sports enthusiasts and achieve the goal of building Taipei into a high-quality and healthy international city filled with vigor, joy, and vitality, the Taipei City has also been actively renewing its stadiums and developing community sports centers.

Chapter 15

Sports for All

The development of sports is the indicator of a nation's strength. In response to the rapid changes in society, Taipei City starts from developing sports at schools and bringing up competitive athletes in communities, inspiring further development of their athletic potential, advancing the sports infrastructure, and developing a culture of sports to achieve the goal of "Sports for All" to create an active urban lifestyle. To achieve this, the Taipei City implemented policies to increase the number of individuals engaging in regular exercise. With the objective of enhancing the health and fitness of the city's residents and building Taipei into a city of health and vitality, the Taipei City planned a series of school sports and "Sports for All" policies. Over the past year, these policies have successfully enriched the lives of many people, as well as the health, physical fitness and quality of life of the City's residents.

Part 1 "Sports for All" Shapes a Healthy City

1. Hiking Activities Organized by the District Offices of Taipei City

In 2011, the district offices in the Taipei City organized a series of hiking activities. A total of 23,000 people participated in the events. These events included Baishi Lake Community Hiking organized by the Neihu District on February 26; approximately 3,500 people participated in this hiking event. The Zhongshan District Office organized the Jiantan Trail Family Walk on March 12; approximately 1,300 people participated in this family event. The Zhongzheng District Office also held its trail walking event on March 12 at the Water Park Guanyinshan Ecological Trails; approximately 800 people participated in this event. The Wenshan District hosted the National Chengchi walk on March 13; approximately 2,000 people participated in this walk. The Datong District Office hosted the Jiantan Trail Walk event on March 26; approximately 700 people participated in this event. The Shihlin District Office hosted the Jiannan Road Trail Walk on March 26; approximately 800 people attended this event. The Songshan, Xinyi, Daan, Nangang Districts and the Songshan Cihui Temple jointly organized the Hushan Hiking Trail Walk on April 24; this event attracted approximately 12,000 participants. The Beitou District organized the Zhongyishan Trail Walk event on April 30; approximately 1,100 people participated in this

event. Also, the Wanhua District hosted the Xianjiyan Trail Walk event on June 18; this event attracted approximately 800 participants.

2. Leisure Games Organized by the District Offices of Taipei City

To promote physical and mental health and recreational sports, to advocate an active lifestyle and fitness and to increase the number of individuals engaged in sports, the district offices of Taipei City organized a series of Leisure Games. These events were competitions packed with fun; approximately 13,100 people participated in the events. The Zhongzheng District Office hosted its games at the Taipei Municipal University of Education on April 23, which attracted approximately 1,200 participants. The Daan District Office organized its games at



Shihlin District Hiking Activities.



The Samsung Running Festival attracts 20,000 runners.



Tour de Taiwan race Taipei station.



Neihu District Leisure Games.



Wanhua District Games Warm-up Exercise.

the Jinhua Junior High School on May 7, which attracted approximately 1,000 participants. The Beitou District Office hosted its games on May 22 at the Shipai Junior High School, which attracted approximately 1,200 participants. The Shihlin District Office held its games on May 28 at the Shilin School of Commerce, which attracted approximately 2,400 participants. The Datong District Office held its games on June 11 at the Lanzhou Junior High School, which attracted approximately 1,100 participants. The Wenshan District Office held its games on June 18 at the Jingmei Junior High School, which attracted approximately 1,000 participants. The Nangang District Office held its games on July 30 at the Nangang Vocational High School, which attracted approximately 1,000 participants. The Songshan District Office held its games on July 30 at the Taipei Gymnasium, which attracted approximately 1,100 participants. The Zhongshan District Office

held its games on August 6 at the Datong High School, which attracted approximately 1,000 participants. The Wanhua District Office held its games on August 13 at the Huajiang High School, which attracted approximately 600 participants. The Neihu District Office held its games on September 4 at the Nanhu High School, which attracted approximately 900 participants. Also, the Nangang District Office held its games on October 15 at the Yongji High School, which attracted approximately 600 participants.

3. Road Race Events

To advocate an active lifestyle and enhance the physical and mental health of the City's residents, the City of Taipei organizes several road race events every year. The road race events organized in 2011 attracted over 100,000 participants. Events held in 2011 included the "The 9th Taipei Supau Cup Mini Marathon" on



National Day Flag-raising cum Road Running Race warm-up exercise.

May 2, which started from Civic Square. The 2011 Samsung Running Festival was held on October 16 and also started from Civic Square. The 2011 Mercuries Cup Charity Road Race was held on October 30 and started from the Presidential Hall Plaza. Furthermore, in celebration of the Nation's 100th birthday, "the 100th National Day Flag-raising And Road Running Race" event attracted over three thousand participants.

The City's district offices also organized a series of road race events in 2011, and the events attracted approximately 15,400 participants. The Beitou District Office launched its road race event

on March 26 at the Waterfront Plaza in front of the Guandu Temple; approximately 1,000 people participated in this event. The Datong District Office launched its road race event on May 21 at the Riverside Park Plaza on the left bank of Keelung River; approximately 1,100 people participated in this event. The Nangang District Office launched its road race event on May 21 at the China University of Science and Technology; approximately 1,000 people participated in this event. The Zhongshan District Office launched its road race event on May 28 at the Guanshan River Park; approximately 1,000 people participated in this event. The Zhongzheng District Office launched its road race event on June 11 at the National Chiang Kai-Shek Memorial Hall; approximately 800 people participated in this event. The Songshan District Office launched its road race event on June 11 at the square under the expressway (entered from the evacuation gate at Tayou Street); approximately 1,200 people participated in this event. The Wanhua District Office launched its road race event on June 11 at the Huazhong Riverside Park; approximately 1,500 people participated in this event. The Daan District Office launched its road race event on



Zhongzheng District Road Running Event warm-up exercises.

July 2 at the Daan Forest Park; approximately 1,200 people participated in this event. The Shilin District Office launched its road race event on July 2 along Sections 2 and 3 of Zhishan Road; approximately 1,200 people participated in this event. The Xinyi District Office launched its road race event on August 6 around City Hall; approximately 1,500 people participated in this event. The Neihu District Office launched its road race event on August 13 at the Rainbow Riverside Park under the Minguan Bridge; approximately 1,400 people participated in this event. The Wenshan District Office launched its road race event on October 23 along the Muzha Tourism Industrial Road, the Daonan River Park, and the National Cheng Chi University Trail; approximately 2,500 people participated in this event.

4. Revitalizing the Waterfronts Series

To implement the water activation policy and



Demonstration of Steering a Sailboat.

promote water recreation activities, the Taipei City planned a series of water sports for the period between May and November 2011. The national water sports games, including the Taipei Kayak Championship and Indoor Kayak Games and the National Canoe Water Polo Championships, provided domestic athletes with a competitive stage. The city also organized the Youth Swimming Competition, which provided students with an opportunity for inter-school exchange. Before the summer, the city hosted the In-water Self-help Experience Course to advocate safety in water sports. In the summer, the city organized the Seed Teacher Water Sports Camp and Student Water Sports Camp, offering teachers and students free opportunities to experience the fun of water activities. The Kayak Experience Activity Riverside has been a continuous event organized by the City of Taipei. This event has entered its fourth year and has allowed many people to experience the fun of water activities. This event offers hands-on experiences for basic kayak skills. In the Phase 2 “Advanced Cross-point Experience” and Phase 3 “In-depth Ecology Experience” series, a longer route to the Sanjiao Pier Dragon Boat, Guandu Temple, and Mangrove Forest, offers the participants a journey through the local culture and the beautiful scenery of the Danshui River with an eco-guide. Also, the Optimist Series Water Activities were held at the Dajia River Park. Over ten thousand people came to experience the fun of sailing through the winds in this free event.



Waterfront Taipei Dragon Boat Carnival Dragon Boat Virgin Sail Ceremony.

5. Taipei 2011 Riverside Dragon Boat Carnival

The Taipei 2011 Waterfront Dragon Boat Carnival series was held over a three-day stretch from June 4 to 6, 2011, attracting nearly 50,000 visitors.

In addition to the Taipei International Dragon Boat Championship, the Taipei City also planned a bazaar carnival, lawn playground, summer park, dumpling-making workshop, and egg-standing activities. A total of 162 teams and nearly 4,000 athletes from around the country and from Australia, the Philippines, Singapore, and the United States participated in the two categories (large and small dragon boat) of dragon boat competitions. Before the competitions started, several dragon boats were open for public use, attracting a total of 200 people to participate in the activities.

6. Taipei Category-B Baseball League

The 2011 Taipei Category B Baseball League Championship Games were launched on July 17, 2011, at the Shihlin District's Shezi Island Baseball Stadium. This championship series has entered its sixth year. This year, over 3,000 baseball players on 120 teams competed in three categories – the College, Adult, and Women's categories.

7. Games for Children's Homes in Taipei

In 2011, the Department of Education, Taipei City Government, Taipei Sports Office, Taipei Orphan Welfare Foundation, and the Taipei Municipal University of Education teamed up to host the 2011 Games for Children's Homes. This event was held from August 11 to 13, 2011, at the Taipei Gymnasium. A total of 350 representatives nationwide from the Taipei Orphan Welfare Foundation, 49 children and juvenile care organizations, and nearly 2,300 resident children and teachers participated in this event.

8. The Taipei City Disabled Sports Championship for Physically and Mentally Challenged

The Taipei City Disabled Games Championship for Physically and Mentally Challenged was held on September 10, 17 and 18 at the Taipei Gymnasium, Taipei Stadium, Taipei Municipal Zhong-Lun High School, Wanfang High School, Nangang Sports Center shooting range, Tianmu Tennis Courts, Guluopu Sports Club, Sanchong City Bowling Alley, the Taipei School for the Visually Impaired, the Taipei School of Special Education, and the Wenshan School of Special Education. Nearly 1,500 athletes with physical disabilities, visual impairment, hearing impairment or mental disabilities participated in this event, and the event's outstanding athletes were also selected to represent Taipei City in the 2012 Disabled Games National Championships.

9. The Rite of Passage—Celebrating Your 16th Birthday on a Bicycle

The 2011 Taipei City Rite of Passage – Celebrating Your 16th Birthday on a Bicycle event was held on September 24, 2011. The event organizer planned six riding routes for students with different physical conditions. The routes started from the Taipei City Yingchiao Junior High School, Dajia Riverside Park, Guandu Waterfront Park, the southern end of Shezi Island, Bailing Riverside Park, and the Taipei Zoo. The participants returned at noon for the Rite of Passage, performance, and lucky draw activities. Over 1,400 people participated in this event.



The Rite of Passage: Celebrating Your 16th Birthday on a Bicycle.

10. World Yuanji Dance Convention

To raise support for Yuanji Dance, the 2011 World Yuanji Dance Convention was held at the Taipei Arena on October 1, 2011. Over ten thousand Yuanji Dance enthusiasts from around the country and from the United States, Japan, Korea, Singapore, Australia, and New Zealand gathered at this event to share their experiences learning Yuanji Dance.

11. T-Ball Championships

The T-Ball Championships was organized by the Department of Education, Taipei City Government and Taiwan T-Ball Association and was held on October 29 and 30, 2011, at the soccer and softball fields of the Ying Fong Riverside Sports Park. Approximately 2,000 players from 105 elementary school teams nationwide competed in this championship. The champions of the different categories are as follows Special Education Category - Wanhua District Shuangyuan Elementary School; Mixed



National T-Ball Championships Happy Swing.

Category - Shilin District Hulu Elementary School; Girls Category - New Taipei City Wanli Elementary School; Junior Category - Taoyuan County Longan Elementary School; Fifth Grade Category - Tainan City Sangu Elementary School, and Sixth Grade Category - Ilan County Liming Elementary School.

12. Taipei City Games

In celebration of the 100th birthday of the Nation, Taipei City organized the 2011 Taipei City Games. This event was held on November 12, 2011, at the Taipei Sports Park (Taipei Track and Field Stadium), and a total of 3,000 athletes from Taipei City's 12 district offices, Taipei City's public and private junior and senior high schools, and Taipei City's class-1 offices competed in this event. The event was kicked off by Taipei Mayor Hau Lung-bin, who also led the guests of honor in a friendly match. The series of competitions began after the opening ceremony.

The fun games included Korfball cast, baseball grid, rolling the wheel of time, the game of love, and three-legged races. The competitive games included a 2,000-meter brigade relay and a 1,600-meter medley relay, ball games, three-on-three basketball, table tennis, badminton, and croquet.



Taipei City Games Kick-off.

Part 2 Upgrading Competitiveness Promotes International Exchange

1. Taipei City Soccer League Championships

To promote the sport of soccer, advocate a healthy lifestyle, promote healthy recreation, and increase the soccer population, the City hosted the “2011 Taipei FUTSAL League Spring Championships” and “2011 Taipei Futsal League Championships.” A total of 1,300 players and management staff participated in this event.

2. The ISU Four-Continent Figure Skating Championships

The Four-Continent Figure Skating Championships 2011 was held from February 15 to 20 at the Taipei Arena. Over 400 guests of honor and athletes from 33 countries, including Australia, Brazil, Canada, Japan, Korea, USA, and Uzbekistan, participated in this event. Several world-renowned skaters, such as the figure skating duo from Mainland China, Pang Qing and Tong Jian, and Japanese skaters Daisuke Takahashi, Miki Ando, and Mao Asada, competed in this event with outstanding performances. Fuji TV from Japan and Sports TV made live broadcasts throughout this event. Many other international media, including U.S. NBC TV, Universal Sports, Canada National TV, China Central Television Station (CCTV), and Eurovision, also provided extensive coverage. Through this event, Taipei gained a wide exposure to the world and gave full play to city diplomacy.

3. Tour de Taiwan-Taipei Station

The 2011 Tour de Taiwan was launched from the surrounding roads of the Taipei City Hall Building. This event was held from March 19 to 28, 2011, and several hundreds of racers from over 20 teams from around the country and several foreign countries, including the United States, Switzerland, Australia and Japan, competed in this event. Taiwan's representatives from the Giant Kenda Team took fourth place, and

the Actions Cycling Team took seventh place in the group category.

4. Asian International Darts Championships

The largest soft darts tournament in Asia, “the 2011 (7th) Asian International Darts Championships,” was held at the Taipei Gymnasium from March 25 to 27, 2011. Representatives from 13 countries and regions, including the United States, England, France, Portugal, Japan, Malaysia, Singapore, Thailand, Korea, the Philippines, Hong Kong, China and Macau, gathered in Taipei for the tournament. This was the largest darts competition ever held in Taipei.

5. Asian Cup Sumo Tournament

Taipei City teamed up with the Sumo Association of the R.O.C. to host the Asian Cup Sumo Tournament. This event was held at the Taipei Stadium on July 24, 2011. A total of nine teams from such Asian countries such as Japan, Mongolia, Hong Kong, Thailand, Iran, Tajikistan, Malaysia, India and Chinese Taipei participated in this event. In the Women's Heavyweight Category, Cheng Chiu-Rong won the gold medal after a two-round extension. This was Taiwan's first gold medal ever won in this event by a representative from Taiwan. At the end of the tournament, representatives from Taiwan won a total of one gold medal, four silver medals, and three bronze medals, as well as one silver and one bronze medal in the group categories.

6. IBAF 12U Baseball World Championship

The 2011 (1st) IBAF 12U Baseball World Championship was held from July 8 to 17, 2011, at the Taipei Tianmu Baseball Stadium, the Youth Park Baseball Field, and the Sin-Sen Park Baseball Field. Teams from 13 countries, including Cuba, Japan, Korea, Hong Kong, Indonesia, and

Italy, were invited to play in this tournament, and cheerleaders from 14 schools were organized to cheer for each of the baseball teams. In the last game of this tournament, the local team, Team Chinese Taipei, defeated Team Cuba to keep the championship trophy in Taiwan.



IBAF 12U Baseball World Championship Games: a successful steal.

7. Taipei Open International Judo Tournament 2011

The 2011 (6th) Taipei Open International Judo Tournament was held at the Taipei Gymnasium on August 6 and 7, 2011. A total of 216 contestants from 15 countries participated in this event. Representatives from Chinese Taipei won a total of 4 gold, 6 silver, and 19 bronze medals by the end of the tournament. Thousands of spectators came to the stadium to watch the matches during the tournament.

8. Taipei City Cup International Taekwondo Open 2011

In an effort to promote Taekwondo and bring Taiwan's achievements in Taekwondo to the world stage, the City organized the Taipei City Cup International Taekwondo Open 2011. This event was held from August 16 to 17 at the Taipei Gymnasium. Contestants from Malaysia, South Korea, Indonesia, Vietnam, and Hong Kong gathered in Taipei to compete in this event. The representative from Taiwan, Chen Yu-hsuan, nicknamed the "small tank", defeated South Korea's A-La, Yoo to win the gold medal in the heavyweight category, and the representative

from Team Taipei City, Pan Ying, defeated the Chen Hsiuan-ru from Taipei City College All Start Team's Chen Hsiuan-ru to win the gold medal. The Group Championship for the women's category went to Team Taipei City and the Group Championship for the men's categories went to Ho Chi Minh City, Vietnam.

9. Asian Cities Athletics Invitational

The 2011 Asian Cities Athletics Invitational was held from August 27 to 28, 2011, at Taipei stadium. A total of 476 athletes and staff and 57 teams from Kuala Lumpur, Tokyo, Shizuoka, Nagoya, Singapore, Bangkok, Hong Kong, Macau, Mokpo South Korea, and cities around the country competed in this event. A youth category and an MVP award were added to this year's tournament, which was given to javelin athlete Cheng Chao-chun, and Cambridge from Tokyo.



Asian Cities Athletics Invitational- Men's Hurdles.

10. Asian Senior Women's Volleyball Championship

In 2011, Taipei hosted the 16th Asian Senior Women's Volleyball Championship. This is the highest level volleyball game in Asia held biennially and the first time in Taiwan. This event was held from September 15 to 23, 2011, at the National Taiwan University Stadium. A total of 13 teams from Indonesia, Iran, Australia, Thailand, Vietnam, China, Kazakhstan, North Korea, India,

Japan, South Korea, Sri Lanka and Chinese Taipei competed for the championship in this tournament. In this nine-day event, Team Chinese Taipei met a second time with Team North Korea and finally defeated the North Korean team 3:1 to take fifth place in the finals.

11. OEC Taipei Ladies Open

Co-organized by the City of Taipei and the Tennis Association of the R.O.C, the OEC Taipei Ladies Open was held from October 29 to November 6, 2011, at the Taipei Arena. Sponsored by the Sports Affairs Council, the Taipei City Government, and the OEC Groups, 2011 event ticket holders were admitted into this event for free. This event offered tennis enthusiasts the opportunity to enjoy high-quality tennis games. For this game, the City specially brought in the “Eagle Eye” system used in Grand Slam events and other tournaments of the highest level, setting a record for ITF level games. The “Cross-Strait Duo,” Chan Yung-jan and Zheng Jie, won the championship in the doubles category.



OEC Taipei Ladies Open- Exciting Games.

12. Fubon Taipei Marathon

In recent years, the City of Taipei has been actively seeking cooperative opportunities with

private businesses to organize marathon events. Several events have been very successful, and the number of participants has also been increasing over the years. The 2011 Fubon Taipei Marathon was launched on December 18, 2011, at the Taipei Civic Plaza. The slogan of the 2011 event was “The Biggest Run,” and a series of activities, including “The Best Prize,” “The Best Team,” and “The Best Deal” was also launched to encourage participation. Different from previous years, this year’s marathon route was along Riverside Park. The athletes were accompanied by beautiful scenery while running for victory. A total of 120,000 contestants participated in this year’s event.

13. Taipei International Youth Baseball Championships

In an effort to promote baseball sports in the community, facilitate international exchange for youth sports, and bring the Taipei City more exposure to international society, the City of Taipei hosted the Taipei International Youth Baseball Championships from December 24 to 27, 2011. The games were played at the Tianmu Baseball Stadium and the Guanshan Baseball Field. Ten teams from around the world, including Japan, South Korea, Hong Kong, and China, and Taipei City’s school teams competed in this event for the championship.

14. Campaigns to Host International Sports Events

To develop a high level of city competitiveness and create a positive image, the City of Taipei was successful in its campaign for the 2017 World University Games. In the future, the City will continue its efforts to campaign for the 2019 Asian Games and other major international sports events. The success is expected to bring business and job opportunities to related industries and promote domestic and foreign tourism; it should also raise the level of confidence among the people of Taiwan and raise the nation’s status in the international community.

Part 3 Nurturing Quality Athletes with Fundamental Training

1. Sports Activities at School

School is the place where students develop the foundation of health and fitness; therefore, the City strives to help students develop strong bodies and minds through sports activities at schools. The Department of Education, Taipei City Government pursues education excellence, incorporating the concepts of cultural diversity and adaptive learning into the development of sports education. In coordination with the policies of the Ministry of Education, the City set the goal of building an integrated development system for sports and sports science along with engaging full-time sport coaches in an aim to provide appropriate opportunities to students with potential in sports and construct a good system for nurturing of sports talents.



Students of a sports class undergoing specialization training.

In 2011, a total of 235 sports classes were set up at the Taipei City's junior high and high schools, and over 100 full-time sports coaches were appointed to provide professional training. The Taipei City aims to gradually build an environment for the development of competitive sports and has set up special funds for improving sports facilities, scholarships to encourage athlete development, and tuition and training subsidies to encourage the continuous participation of elite athletes. Furthermore, through organizing city sports games and tournaments, the Taipei City offers athletes a competitive stage, and

through subsidies, the city assists athletes in high schools and tertiary institutions to compete abroad, conduct off-site training, and organize international sports exchange activities. Through diversified programs, the City works to provide more opportunities for international competitions and increase their exposure to the international community.

The Taipei City's active development programs have yielded notable results. The Representatives of Taipei City won 68 gold, 71 silver, and 58 bronze medals in the National High School Athletic Games, ranking third in the Nation. The number of medals has increased from 153 in 2009 to 173 in 2010 and to 197 in 2011. This shows that the strategy of fundamental training has proven itself effective.



National High School Athletic Games—Opening Ceremony.

The Department of Education, Taipei City Government actively organizes a wide range of city tournaments for individual sports to encourage schools to develop team sports and individual sports. To increase the participation of elementary school students, the Taipei City added a brigade relay race to the district sports games in 2011. All participating teams have already come through the elimination round in their respective schools. Each team consists of a combination of eight boys and eight girls, and those with the best team spirit win the highest honor in the city. Through this competitive sport, characterized by wide participation, the district games lead the

development of a sports culture in the city, act as a stage for the discovery of sports talents, and serve as a foundation to achieve the goal of high participation in sports activities.

To lay a foundation, consolidate training and human resources, and upgrade Taipei City's competitiveness in sports, the Department of Education convened a series of sports training system development meetings for individual sports categories. The system plans the initialization of sports classes, focused sports, and the development of sports trainers as the main axis to building a consistent and continuous training system. This entails the connection of education systems, the development of fundamental competitiveness, and the participation of outstanding athletes in sports training. The Department of Education continues to provide tuition and training subsidies to students with outstanding performances in sports since 2010. This program allows students to pursue excellence in sports training and facilitates effective training. In coordination with the Ministry of Education, the Taipei City designed the Taipei City School Baseball Revitalization Program. This program fosters the establishment and development of school baseball teams .

“Sports in School” is the cornerstone of sports development in society. This program sets the elementary school stage for the development of sports participation through fun games and the junior high school stage for streaming and adaptive learning. Through the school system, the city aims to lay the foundation in sports education, so that sports talents will be properly developed and shine in the international arena in the future. The Department of Education continues the policy of actively assisting schools to develop a focus on sports and constructing a quality environment for sports training and continuous education to develop outstanding athletes for the Nation.

2. Athletes Training Stations

To discover and develop athletes with high potential and upgrade Taipei City's competitiveness in sports, the Taipei Sports Office



Active development of school baseball teams.

set up 161 Basic Athletes Training Stations at schools and sports associations in 2011 in accordance with the Taipei Basic Athletes Training Station Implementation Measures and the Sports Affairs Council Executive Yuan Baseball Promotion Plan. The training stations provide training for athletes in 21 sports categories.

The Taipei City has attached great importance to facilities, training stations and venues. In addition to a track and field at each school, special facilities have also been set up for individual sports, such as badminton, table tennis, tennis, Taekwondo, karate, and boxing.

Each Basic Athletes Training Station is expected to develop athletes' interests in the short term and train them to compete in the Taipei Middle School Games; the mid-term goal is to reinforce competitive skills for competition in the National High School Games, and the long-term goal is to develop competitive athletes to represent the Nation.

The Basic Athletes Training Stations have achieved substantial results in several aspects. In addition to the establishment of athletes' personal information database, the program has also established a smooth connection for athletes' education, set up a three-stage athlete training system, and reinforced the competitiveness of athletes while progressively upgrading the equipment, facilities, and environment of Taipei City's sports venues. The improvements uplifted the effectiveness of the training and brought the

City into third place in the Nation at the National High School Athletic Games in 2011. Furthermore, Taipei City also maintained fourth place at the

National Games, with a substantial increase in the number of gold medals; a total of 14 were won in 2011.



Xinyi Junior High School track and field athletes in training.



Dali High School Judo Team in training.

Table 1: Basic Athletes Training Stations in 2011.

Items	Content		Remarks	
Type of Station (number of sports types)	17	Track and Field	Swimming	Table Tennis
		Badminton	Archery	Taekwondo
		Tennis	Judo	Gymnastics
		Women's softball	Shooting	Karate
		Boxing	Wrestling	Fencing
		Kayaking	Canoe	
Number of Schools/Number of Stations	University: 1 (3 stations)		High schools: 21 schools (47 stations)	
	Junior High Schools: 26 schools (46 stations)		Elementary Schools: 34 schools (46 stations)	
Approved schools/number of stations	82 schools		142 stations	
Number of stations for each sport	Track and Field	27	Women's softball	5
	Swim	24	Shooting	1
	Table Tennis	11	Karate	11
	Badminton	9	Boxing	4
	Archery	9	Wrestling	5
	Taekwondo	9	Fencing	2
	Tennis	6	Kayaking	3
	Judo	8	Canoe	2
Gymnastics	6			
Baseball	11 Stations	4 Elementary School Stations, 4 Junior High School Stations, and 3 High School Stations		
Individual Sports Associations	1. Rugby	2. Bowling	3. Martial Arts	4. Taekwondo
	5. Shooting	6. Fencing	7. Wrestling	8. Table Tennis

Part 4 The Development of Facilities Reinforces the Development of Sports Skills

Good sports facilities are the cornerstone of sports development and the pushing hands behind excellence in sports skills. Adequate sports facilities are the basic criteria required for hosting international tournaments, and such events will help the Nation to pursue higher sports competitiveness and present a good image of the nation.

To host the 2011 (1st) IBAF 12U Baseball World Championship Games, renewal projects were implemented for the Tianmu Baseball Stadium, the Sin-Sen Park Baseball Field, and the Youth Park Baseball Field to provide quality venues for this international baseball event. Now, friends from afar can compete in good facilities which also provide the city's residents with a comfortable viewing environment .



Tianmu Baseball Stadium- practice session.

In addition, the office of Sin-Sen Park and the Youth Park Baseball Field office were open to journalists and coaches for event administration. Waterproofing work and scoreboard repair have



Youth Park Renovation Project.

been implemented for the venues, as well as the addition of new seats and rain shelters .

In coordination with the Central Government's policy of promoting baseball, our national sport. Taipei City has been actively upgrading the Taipei City's baseball facilities and planning and constructing various sports venues which meet international standards. Many of the venues have been completed in recent years, including the Taipei Track and Field Stadium, the Riverside Park Basketball Courts, and the Taipei Extreme Sports Training Center. The diversified range of sports facilities aims to meet the needs of sports enthusiasts and achieve the goal of making comprehensive facilities available to the general public .



Taipei Track and Field Stadium.

Several projects are currently under planning and construction by the Taipei Sports Office, including the Taipei City Water Sports Center, the Taipei Comprehensive Sports Hall, and the Taipei Tennis Center. They are expected to expand the sports population in Taipei and provide adequate sports facilities to different groups after their completion.

Through the development of this series of sports facilities, the Taipei City expects to create a culture of sports, develop elite athletes, create a favorable environment for future campaigns for major international events, and promote international sports exchange.

To safeguard residents' rights to sustainable

sports and achieve the goals of “high availability,” “high participation rates,” and “any hour is sports hour,” Taipei City took the initiative to implement the “One-district; One Sports Center” concept. The City constructed a quality sports infrastructure with a friendly atmosphere, and the facilities have serviced an average of over one million users every month since all 12 sports centers were opened to the public in August 2010.

While new records of the number of users continues to break records, to reinforce overall marketing, continuously develop a larger sports population, and cultivate a culture of active lifestyle, the Taipei Sports Office organized the “100% for Your Health Carnival” at the Chianti Plaza of Xinyi District on November 26, 2011. In this carnival, each district sports center did its best to showcase the uniqueness of their sports center, and the Taipei Sports Office presented the latest sports center identification mark and the third generation Citizen's Aerobic Exercise. A range of experience activities was also offered in this event to help event goers experience the benefit and fun of exercise.

In addition to the basic sports facilities and training courses, the sports centers take on the mission of cultivating a culture of active lifestyle and leading the city's residents to create a fashion of exercising and coordinating with the City in the implementation of health policies. In 2011, the sports centers teamed up with the Department of Health, Taipei City Government to organize the “Healthy Weight Loss 101: Happy Taipei Citizens” event. This event offered generous gifts to attract public participation. A total of 2,254 people signed up for the program at the 12 sports centers, and a total loss of 1,277.1 kg weight loss was successfully achieved. The sports centers not only achieved remarkable success but were also the best promoter of the city's health policies.

Currently, management of the district sports centers in Taipei is commissioned to private businesses, and this operation mode has significantly reduced the city's financial burden in public policy implementation. Initiation of corporate management models has also maximized resources. This is a valuable experience in city marketing and management. In 2011, the Taipei



Sports Center Carnival.



A forum at the conference.



Special Topic Seminar at the conference.

City hosted a two-day event the 2011 Taipei City Sports Centers Development, Management, and Operation Conference. Through feedback from the industry, public sector, and academic fields, the Conference aimed to outline a plan for the future development of the sports centers and provide a specific basis for the reference of other cities and the planning of the National Sports Center.

Conclusion

Taipei City pushed forward various sports policies in 2011, including Sports for All, comprehensive sports promotion, the hightening of administrative efficiency, and the promotion of the development of basic athletics. Teamed up with private organizations, the Taipei City organized a wide range of sports activities to provide the public accessible event information, to serve the public through action, to create a culture of happy and active lifestyles, to effectively increase the sports population, and to promote the physical and mental health of Taipei's citizens.

In addition to actively campaigning for international sports events, promoting international city sports exchange, establishing

friendly relationships with other countries, upgrading the competitiveness of athletes, and offering incentives for schools to set up basic training stations for athletes, with experience in major sports events and comprehensive facilities, the Taipei City will continue to campaign for the opportunity to host international sports events, such as the Asian Games and East Asian Games.

To meet the public demand for sports facilities, the Taipei City has started a series of facility renewal projects. Currently, several facilities have been completed, including the riverside and stadium facilities. These facilities will better serve the public with quality recreational spaces and adequate hardware for athletic activities. In light of the fact that existing venues and facilities still are unable to meet the public's demands due to the increasing population and to implement the Danshui River Revitalization policy, the Taipei City Government is also planning to construct a second generation of sports centers. These new sports centers are expected to meet the needs of the sports population and provide venues for training and sports events. With the new venues, the Taipei City will accelerate the development of a sports culture and a sports tourism industry.