

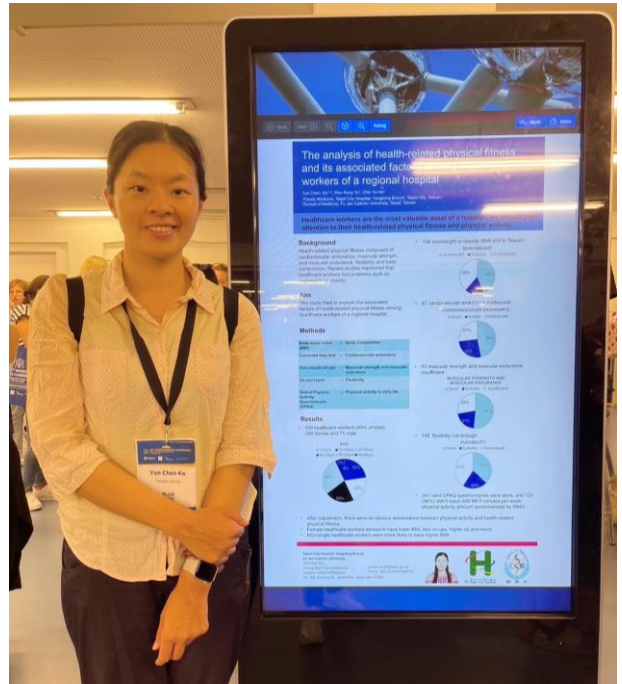
臺北市府衛生局（聯合醫院）公務出國(赴大陸地區)報告提要表

出國(赴大陸地區)報告名稱：2023年世界家庭醫師組織歐洲大會	
出國(赴大陸地區)計畫主辦機關： 聯絡人：洪佳君 電話：02-27093600#3854	
出國(赴大陸地區)人員姓名/服務機關/單位/職稱/電話 柯滢蓁/臺北市立聯合醫院/陽明院區/家庭醫學科/主治醫師/28353456 陳巧丹/臺北市立聯合醫院/和平院區/藥劑科/藥師/23889595 柯博允/臺北市立聯合醫院/陽明院區/家庭醫學科/住院醫師/28353456 樊冠好/臺北市立聯合醫院/陽明院區/家庭醫學科/住院醫師/28353456 陳怡蓁/臺北市立聯合醫院/陽明院區/家庭醫學科/住院醫師/28353456	
出國(赴大陸地區)類別： <input type="checkbox"/> 1 考察 <input type="checkbox"/> 2 參訪 <input type="checkbox"/> 3 觀摩 <input type="checkbox"/> 4 進修 <input type="checkbox"/> 5 研究 <input type="checkbox"/> 6 實習 <input type="checkbox"/> 7 訓練 <input checked="" type="checkbox"/> 8 其他活動： <u>國際會議</u> (出席國際會議： <input checked="" type="checkbox"/> 是 <input type="checkbox"/> 否 檢附簡報文章等發表證明資料、表演、比賽、競技、洽展、海外檢測等)	
出國(赴大陸地區)期間： 112/06/05-112/06/12 報告日期： 112/08/18	出國(赴大陸)地區： 比利時-布魯塞爾
<p>內容摘要：</p> <p>一、出國目的：</p> <p>此次參加於比利時布魯塞爾舉辦的世界家庭醫師組織歐洲大會，希望可以跟各國的家醫科醫師交流各國的衛生健康政策與研究，以期在未來研究找到方向與可供國內推廣相關政策的參考。</p> <p>二、過程：</p> <p>印象最深的是核心演講：過度診斷-很快我們就都會是病人。預防醫學是家庭醫學科醫師的重點，但各種篩檢工具的發明，過度檢查、過度診斷、過度處置亦會傷害病人。存活率乍看之下讓大眾認為早期偵測有效，於是更多人早期偵測和篩檢，更多的過度診斷又提升存活率，這種詭局值得家庭醫學科醫師深思。</p> <p>講者引用了各國文獻，高收入國家癌症發生率顯著高於低收入國家，但死亡率沒有明顯差異。也很實務舉歐洲各國飲酒建議量的限制不同來討論健康文化和健康主義。</p> <p>這場演講中掌聲不斷，結束後到海報區也聽到大家不斷討論。在會議現場一位英國家醫科醫師主動與我攀談，他來演講如何增加民眾打新冠肺炎疫苗的動機，聽到我來自臺灣，馬上說他有搜尋到一篇臺灣相關主題的系統性回顧，並討論了過度診斷、臺灣篩檢費用、疫苗政策等。</p> <p>三、心得與建議：</p> <p>很榮幸有此機會把臺灣經驗跟歐洲人交流，越來越多人知道臺灣的醫療成果，也期許自己能夠更博學，醫院應多鼓勵專科醫師參與此類國際會議。</p>	

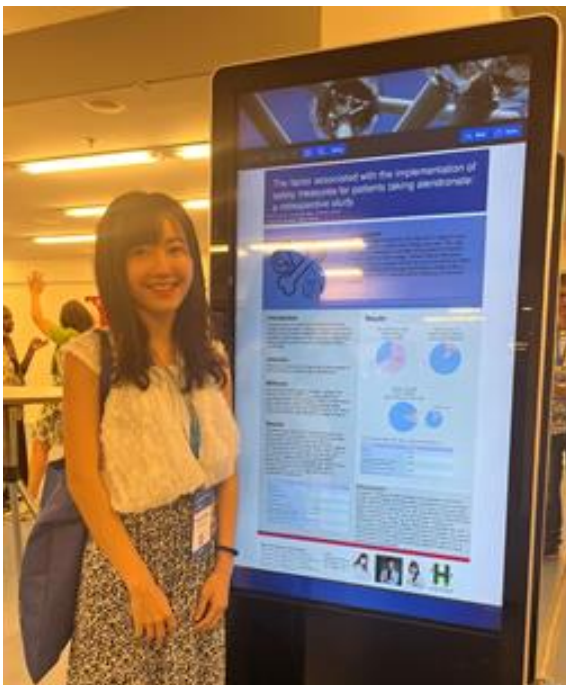
附件一、報告發表或活動相關照片：



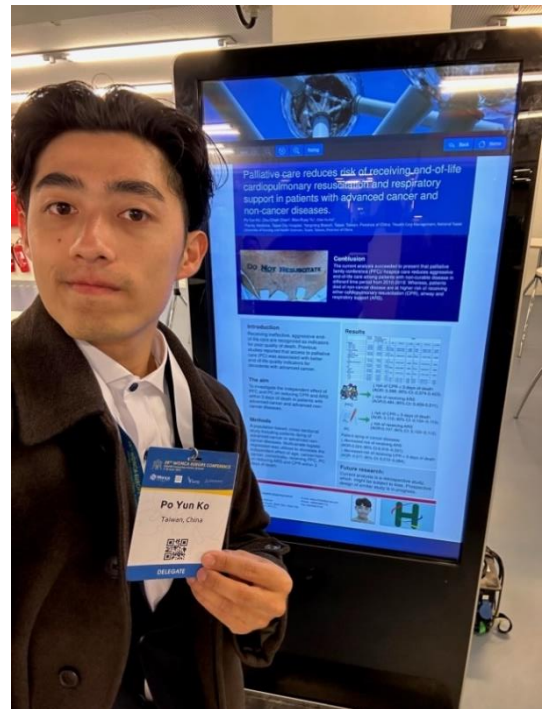
圖一、高朋滿座的核心理論



圖二、柯瀟蓁醫師與發表壁報合影



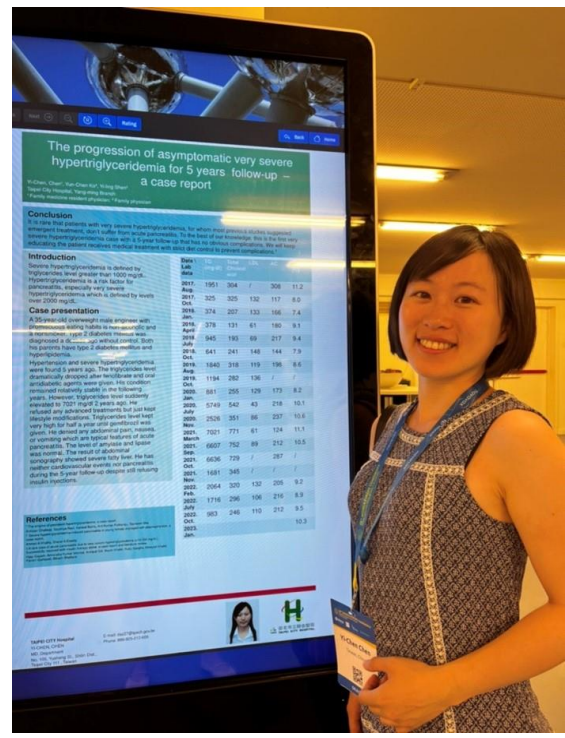
圖三、陳巧丹藥師與發表壁報合影



圖四、柯博允醫師與發表壁報合影



圖五、樊冠好醫師發表口頭報告



圖六、陳怡蓁醫師與發表壁報合影

附件二、發表佐證資料

一、柯澐綦醫師

The analysis of health-related physical fitness and its associated factors among healthcare workers of a regional hospital

Yun Chen, Ko^{1,2}, Wen Ruey Yu¹, Chin Yu Ho¹

¹Family Medicine, Taipei City Hospital, Yangming Branch, Taipei City, Taiwan ;

²School of Medicine, Fu Jen Catholic University, Taipei, Taiwan

Healthcare workers are the most valuable asset of a hospital, we should pay attention to their health-related physical fitness and physical activity.

二、陳巧丹藥師

The factor associated with the implementation of safety measures for patients taking alendronate: a retrospective study

Chiao-Tan Chen¹, Yu-Chang Yang¹, Pin-Chun Chen¹

¹Taipei City Hospital, Taipei, Taiwan



Conclusion

The percentage of patients who had serum calcium tests before and after alendronate therapy was low. This may indicate an oversight in identifying hypocalcemia before initiating alendronate therapy. Greater efforts should be made to improve patient screening and monitoring for when initiating alendronate therapy, especially in those without hospitalization three months before initiating alendronate therapy.

三、柯博允醫師

Palliative care reduces risk of receiving end-of-life cardiopulmonary resuscitation and respiratory support in patients with advanced cancer and non-cancer diseases.

Po-Yun Ko¹, Chu-Chieh Chen², Wen-Ruey Yu¹, Chin-Yu Ho²

¹Family Medicine, Taipei City Hospital, Yangming Branch, Taipei, Taiwan, Province of China; ²Health Care Management, National Taipei University of Nursing and Health Sciences, Taipei, Taiwan, Province of China.



Conclusion

The current analysis succeeded to present that palliative family conference (PFC)/ hospice care reduces aggressive end-of-life care among patients with non-curable disease in different time period from 2010-2019. Whereas, patients died of non-cancer disease are at higher risk of receiving either cardiopulmonary resuscitation (CPR), airway and respiratory support (ARS).

四、樊冠好醫師

A case of rapidly progressive dementia.



Presenter: Dr. Kuan-Yu Fan

Resident of Department of Family Medicine, Taipei City Hospital, Yangmin branch

Supervisor: Dr. Chi-Li Liao

Department of Neurology, Taipei City Hospital, Yangmin branch

06.09.23

The progression of asymptomatic very severe hypertriglyceridemia for 5 years follow-up – a case report

Yi-Chen, Chen¹, Yun-Chen Ko², Yi-ling Shen³

Taipei City Hospital, Yang-ming Branch

¹ Family medicine resident physician; ² Family physician

Conclusion

It is rare that patients with very severe hypertriglyceridemia, for whom most previous studies suggested emergent treatment, don't suffer from acute pancreatitis. To the best of our knowledge, this is the first very severe hypertriglyceridemia case with a 5-year follow-up that has no obvious complications. We will keep educating the patient receives medical treatment with strict diet control to prevent complications.¹

行程說明：

日期	06/05	06/06	06/07	06/08	06/09	06/10	06/11	06/12
內容	搭機	轉機抵達	參加會議	參加會議	參加會議	參加會議	搭機轉機返國	搭機抵達回國