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● Chapter 15 Sports for All

Promoting “sports for all” is the primary target of the Taipei City sports policy; based on the visions of cultivating the regular sports habits of local residents and increasing the number of the sports population, people of all levels are encouraged to participate in sports by organizing diverse events such as hiking, health walk, running, cycling, various water activities and sports camps. In addition, various international competitions are held to accumulate strengths in sports competitions and to market Taipei City, thereby promoting a good international image and attaining the goals of sports for all, sports LOHAS and the creation of a healthy city.



15 Sports for All

Taipei City Government persists in the philosophy of promoting sports for all through active actions, forward-looking strategies and practical plans to implement its sports policies, hoping to make Taipei more energetic and beautiful, make its residents happier and healthier, thereby demonstrating the youthful vigor and vivacity of a modern international metropolis.

Part1 Promoting Sports For All, Creating a Healthy City

1. Various Road Running Activities

Road running events held in 2010 attracted the participation of over 200,000 people, including the 2010 New Year Flag-raising and Road Running Event, the 8th Supau Cup Mini Marathon on May 2, the 2010 Chang Gung Memorial Hospital Yung-Ching Run on October 3, the 2010 Samsung Running Festival on October 17, the Golden Tiger Running Festival held at the plaza on the front square of the Office of the President on July 4, the 2010 Ministry of Finance Uniform Invoice Cup Road Running on October 17, the 2010 Fun & Beautiful Road Running Race: Mercuries Corporation Cup Public Welfare Road Running Competition on October 31, and the 2010 International Olympic Day Run: Run for Flora Expo on June 6 held at National Chiang Kai-shek Memorial Hall.



New Year's day flag-raising and running event.

2. National Disabled Games

The National Disabled Games were held on March 17 to 22, 2010 in Chiayi County; the Taipei representative team secured a total of 242 gold medals, 138 silver medals, and 124 bronze medals, totaling 504 medals to obtain first place for the third consecutive year.

3. Health and Happiness on Taipei's Riverside-The 2010 Taipei Dragon Boat Festival

Health and Happiness on Taipei's Riverside-The 2010 Taipei Dragon Boat Festival was held on June 11 to 13, 2010, and attracted over 40,000 visitors. The event consisted of activities such as dragon boat eye-dotting and a river praying ceremony, dragon boat racing, a waterfront market carnival, fun stage performances, a waterfront parent-child park, dragon boat experience, pyramid-shaped rice ball wrapping and scientific flying egg competition, etc. The various folk skill performances and the vibrant funfair parent-child games demonstrated Taipei City's energetic and healthy image.

The Taipei Dragon Boat Festival has a long history; for this year, all ancillary activities relating to the dragon boat races were designed to enhance the marketing of the 2010 Taipei International Flora Expo. The competition attracted 213 teams. In addition to materializing Mayor Hau Lung-bin's policy of promoting water activities, the Taipei Dragon Boat Festival also highlighted the attractive features of Waterfront Taipei, Cultural and High-tech Metropolis.



Health and Happiness on Taipei's Riverside-2010 Taipei Dragon Boat Festival.

4. Nursery School Games

The Nursery School Games consisted of two events; on June 26, 2010, the Taipei Orphans Summer Sports Camp was held at the Taipei Gymnasium and Taipei Arena, where 46 orphans from Taipei County, 37 children from the Department of Social Welfare, and 51 children from three nursery schools, a total of 150 children participated in the camp. On November 13, the 2010 Nursery School Games in Taipei were organized at the Taipei Gymnasium, the Taipei Track & Field Stadium and the Taipei Songshan Sports Center, where 1,927 children athletes and teachers from 39 nursery schools applied to partake in the event. The organizer, the Department of Education, Taipei City Government, hosted an athletes' evening banquet and party, and invited the participants to take part in a complimentary one-day tour of Taipei; the children were left with deep impressions.



Nursery School Games.

5. Cycling Events

Multiple cycling events were organized on city roads and the riverside cycling path during 2010. An estimated 20,000 people participated in the events. On July 18, the Taiwan Sports Recreation & Leisure Show's Roam Freely through Cycling event was organized by the Taiwan External



Cycling Coming of Age Festival.

Trade Development Council (TAITRA) and attracted participation from approximately 2,000 people. The 2010 Cycling Coming-of-Age Festival was held in collaboration with the Sports Affairs Council, Executive Yuan on November 13, which attracted the participation of 200 junior and senior high school students. On November 28, the Amway Nutrilite Bike Day was held in collaboration with Bros Sports Marketing, which attracted the participation of over 10,000 people. On December 26, the Taipei round of the 9th 1919 Love to Walk, Ride with Your Heart and Strength Go Go Go event was organized, attracting over 2,000 people.

6. Disabled Citizens Leisure Games

The competition was held at the Taipei Gymnasium on September 25, 2010; the total number of participants was 1,062. The categories of disability included physically disabled, hearing impaired, visually impaired, mentally handicapped, mentally unstable and facial deformity.

7. 2010 Taipei Senior Games

In order to promote senior citizens to take part in leisure activities, the 2010 Taipei Senior Games was held at the Taipei Gymnasium and Taipei Track & Field Stadium on October 16, 2010; individuals above 60 years old were invited to participate, totaling 2,000 participants.

8. Sports Research and Study Camp

In order to encourage Taipei residents to maintain a habit of regular exercise, a badminton research and study camp was held on 7F of the Taipei Gymnasium; one tier was held per month (20 classes); event time was from Monday to Friday (06:00~08:00); each tier consisted of 20~25 people. Twelve tiers were held in 2010 with total participation of 4,800 people. In addition, eight table tennis camps were held during the summer, each consisting of 20 people, resulting in participation from more than 160 people.

9. Sport for All Games

The Sport for All Games was held in Taichung City on October 22 to 26, 2010. The Taipei representative team participated in 19 sports events with 452 athletes, winning 15 gold medals, 22 silver medals and 22 bronze medals, totaling 59 medals and winning first place.



Disabled Citizens Leisure Games.



Taipei Senior Games.



Winning the championship at the Sports for All Games.

10. Hiking Activities from Various Administrative Districts

The Songshan District 10,000 People Energy Conservation, Carbon Reduction, Protect the Hometown Mountain Cleaning and Health Walk Event was held at the hiking trail of Tiger Mountain on April 25, 2010, which attracted roughly 3,500 participants. The Xinyi District event was held on April 25 at the hiking trail of Tiger Mountain; approximately 1,000 people attended the event. The Daan District event was held on April 24 at Fuyang Eco Park; roughly 750 people participated. The Zhongshan District event was held on March 27 at the hiking trail of Jiantan Mountain, which attracted roughly 1,150 participants. The Zhongzheng District event was held on the eco-landscape trail of Guanyin Mountain, which attracted 1,000 participants; the Datong and Shilin District events were held at the hiking trail of Jiantan Mountain on March 27, and attracted 2,000 participants. The Wanhua District event was organized at the hiking trail of Xianji Cliff with 800 participants. The Wenshan District event was held on March 21 at the Round Top Mountain Trail of National Chengchi University, which attracted roughly 1,200 people. The Nangang District event was held at the hiking trail of Tiger Mountain on April 25, which attracted 8,000 people; the Neihsu District event was held on March 27 at the Bai Shi Hu Community with 1,400 participants. The Beitou District event was held at the hiking trail of Guandu Mountain on April 24, which attracted roughly 900 participants.



Nangang District Energy Conservation, Carbon Reduction, Protect the Hometown Mountain Cleaning and Health Walk Event.

11. Road Running Events in Various Administrative Districts

The Songshan District road running event was held at Guanshan Riverside Park on May 29, 2010 with approximately 900 participants. The Xinyi District event was held on July 24 at Xinyi Square with 1,000 participants. The Daan District event was held at Daan Park on April 10 with 1,000 participants. The Zhongshan District event was held on April 17 at Dajia Riverside Park with 1,700 participants; the Zhongzheng District event was held on June 19, at National Chiang Kai-shek Memorial Hall with 1,000 participants; the Datong and Shilin Districts events were held on May 15 at Zhishan Junior High School with 1,700 participants. The Wanhua District event was held at Huazhong Riverside Park on April 10 with 1,500 participants; the Wenshan District 2010 Health and Vitality, Flora Expo in Taipei Maokong Road Running Event was held on October 3 at National Chengchi University with roughly 2,000 participants. The Nangang District event was held on July 31 at Nangang Park with 1,200 participants; the Neihsu District event was held on June 19 at Rainbow Riverside Park with 1,200 participants; the Beitou District event was held on May 22 at the Guandu Flood Prevention Road with 900 participants.



Zhongzheng District Health, Vitality and Exercise: Taipei Road Running Event.

12. Leisure Games in Various Administrative Areas

The Songshan District Residents Leisure Games were held on June 26 at the Taipei Gymnasium with 1,300 participants; the Xinyi District event was held on August 28 at Yongji Junior High School with 600 participants; the Daan District event was held on March 6 at Longmen Junior High School with 1,200 participants. The Zhongshan District event was held on June 26 at Dazhi Senior High School with 1,200 participants; the Zhongshan District event was held on May 1 at the Taipei Municipal University of Education with 1,200 participants; the Datong District Residents Leisure Games and Flora Expo Funfair was held on June 12 at Lanzhou Junior High School with 1,100 participants. The Wanhua District event was held on May 29 at Laosong Elementary School with 1,100 participants; the Wenshan District event was held on May 22 at the activity center of Shijian Junior High School with 900 participants; the Nangang District event was held on June 19 to 20 at the China University of Science and Technology with 2,000 participants. The Neihu District event was held on September 11 at Nanhu High School with 1,000 participants; the Shilin District event was held on April 10 at Shilin High School of Commerce with 2,400 participants; the Beitou District event was held on June 20 at Shipai Junior High School with 1,300 participants.

13. Vanguard of the People: The Roaming Free through Cycling Event

The Songshan District event was held on April 17 at Guanshan Riverside Park, with 1,300 participants; the Xinyi District event was held on May 22 at Xinyi Square with 500 participants. The Daan District event was held on June 6 at the Jingfu station of the Bicycle Service Center with 600 participants; the Zhongshan District event was held on July 17 at Dajia Riverside Park with 550 people; the Datong District event was held on August 21 at Yenping Riverside Park with 800 people. On January 16, the Neihu District event was held at Chengmei Riverside Park South with 700 people; the Shilin District event was held on February 27 at Bailing Riverside Park south bike path; the Beitou District event was held on April 17 at Guandu Wharf with 550 participants.



Opening Ceremony of the Zhongshan District Leisure Games.



Xinyi District Vanguard of the People Cycling Event.

Part 2 Elevating Competitive Standard and Stimulating International Exchange

In 2010, The Taipei City Government organized numerous international competitions for various sports, such as cycling, marathon, baseball, volleyball, badminton and track & field. These competitions comprehensively demonstrated the balanced development and diversification of sports in Taipei. The organizing of these international events not only fulfills the function of city diplomacy; domestic athletes may also elevate competitive standards through international sports competition, while local residents may also become enthusiastically involved in the events, in turn enhancing the sports atmosphere of Taipei City.

1. 2010 ISU World Junior Short Track Speed Skating Championships

The 2010 ISU World Junior Short Track Speed Skating Championships was held at the Taipei Arena on January 8 to 10; in total, 250 athletes from 29 countries and regions participated in the event, including US, UK, France, Germany, Canada, Italy, Korea, Japan, Russia, Australia, Austria, Bulgaria, Mainland China, Czechoslovakia, Hungary, India, Kazakhstan, Latvia, Netherlands, Poland, Romania, Slovakia, Switzerland, Bosnia, Turkey, Belgium, Hong Kong and Taiwan. In particular, Taiwanese competitor Lin Wei was ranked 15th overall among 46 female competitors, while Lu Ming-long was ranked 18th among 56 male competitors; both of them set new national records and outperformed numerous contestants from Europe and US.

2. The 2010 Tour de Taiwan: Taipei Leg

This is the 5th leg race of the 2010 Tour de Taiwan held in Taipei. The 2010 race was divided into seven legs and held in various counties/cities in succession, with the final leg in Taipei. On March 14, 2010, a 60km lap-race was held on the roads surrounding Taipei City Hall; moreover, the Citizen Elite Challenge was organized prior to the Taipei leg of the Tour de Taiwan; the event was open to public participation. Several hundred competitors and more than 20 teams from America, Switzerland, Australia and Japan entered in the competition. In the end, the Action Cycling Team from Taiwan took third place while Feng Chun-kai, a member of the team, took third place as the best Asian athlete and second place as the King of the Hill.



Tour de Taiwan: Taipei Leg.

3. Taipei Express Marathon

The 2010 Taipei Express Marathon was held on the road between the Wugu and Xizhi Overpass of National Highway No.1 on March 21, 2010; close to 9,000 people participated in the event, which was divided into three groups, comprised of a

marathon (42.195km), half marathon (21km) and road running (10km). Numerous outstanding international competitors from the US, Germany, Japan and South Africa competed against Taiwanese competitors.

The unique characteristic of the Taipei Express Marathon is that runners are able to run freely on the highway; this international competition is second only to the Taipei Marathon and enjoys wide popularity and support from domestic and overseas athletes. The sponsor has also organized educational and interesting activities, such as an interactive game area, a costume carnival and a running paradise, among others, to liven up the competition.

4 Water Activation Series Events

In order to promote water sports and recreation and materialize the Water Activation Policy, numerous water competitions were organized in Taipei from April to October of 2010, including the Taipei Rowing Championship, the Taipei Optimist Dinghy Regatta and International Canoe Water Polo Championship. In addition, the Summer Water Activity Educational Camp was also organized for teachers and students from elementary schools and junior high schools, while the Public Canoe Experience Activity provided an opportunity for citizens to become familiar with canoe gear, learn about basic canoe maneuvering skills and experience paddling a canoe on water. The above-mentioned activities attracted the participation of over 10,000 people.



Water Activation Series Events.

5. 2010 Taipei International Athletic Meet

The 2010 Taipei International Athletic Meet was held at the Taipei Track & Field Stadium on May 28 and 29, 2010; renowned international athletes from 15 countries were invited to participate in the event, including South Korea, Malaysia, Singapore, Uzbekistan, Germany, Jamaica and Japan. In particular, competitors included Olympic Gold Medalists such as Tim Mack from the US, who won the pole vault event at the 2004 Athens Olympic Games, Polish competitor Tomasz Majewski, who was the shot put gold medalist at the 2008 Beijing Olympic Games, Jamaican athlete Michael Frater, who won the 4x100m relay and Valerie Vil, who received gold medal for women's shot put, forming a formidable lineup.



Taipei International Athletic Meet.

6. Chinese Taipei Paralympic Committee 2010 Taipei International Table Tennis Championship

This was a factor 40 tournament sanctioned by the ITTF-PTTD, making Taiwan the first country in Asia to bid successfully for the right to host the event. As the host city, Taipei City jointly organized the event with the Chinese Taipei Sports Federation for the Disabled. The competition was held on July 19 to 24, 2010; in total, 149 disabled table tennis competitors from 22 countries participated in the event, with team Chinese Taipei securing 2 gold medals, 7 silver medals and 4 bronze medals.



Chinese Taipei Paralympic Committee 2010 Taipei International Table Tennis Championship.

7. 2010 Asian City Middle-School Track and Field invitational

In an effort to promote sports exchanges among Asian countries, elevate competitive standards and cultivate athletic talents, the event was held at the Taipei Track & Field Stadium on July 29 and 30, 2010. In total, competitors from 12 counties/cities competed together, including those from Tokyo and Nagoya, Japan, Bangkok, Thailand, Hong Kong and Macau. In the future, it is hoped to spark interest in high school sports and make this a regular competitive event.



Asian City Middle-School Track and Field Invitational.

8. 2010 FIVB World Grand Prix

The H division preliminaries were organized by the Chinese Taipei Volleyball Association and consisted of 12 teams. The preliminaries were held in three different cities over three weeks and adopted a single round-robin system. The H division preliminaries were held at the NTU Sports Center on August 20 to 22, 2010. Out of the four teams from Brazil, Poland, Puerto Rico and Taiwan, Chinese Taipei eventually defeated Puerto Rico by 3:2 to secure third place.

9. 5th Taipei Open International Judo Tournament 2010

The 5th Taipei Open International Judo Tournament was held at the 1F Main Court of the Taipei Gymnasium on August 21 and 22, 2010. In total, 142 competitors from 11 countries participated in the event, with Taiwanese competitors winning 8 gold medals, 10 silver medals and 12 bronze medals. The event drew close to 1,000 spectators to view the competition.



Taipei Open International Judo Tournament audience deck.

10. 11th World University Badminton Championship 2010

The Chinese Taipei University Sports Federation bid for the right to host the 2010 11th World University Badminton Championship, which was later sanctioned by the executive committee of the International University Sports Federation (FISU) on January 15, 2007; the event was to be hosted by Taipei City. The competition was held at the Taipei Gymnasium on September 7 to 12, 2010; in total, 200 contestants from 20 countries partook in the event. Badminton athletes from Taiwan and abroad gathered to compete against one another. Of the 6 gold medals in the competition, athletes from Taiwan demonstrated outstanding performances and defeated other competitors to win the men's singles, doubles and mixed doubles gold medals as well as the silver medal. This was the best performance by Taiwanese competitors since 1992.

11. OEC Taipei Ladies Open

The 2010 OEC Taipei Ladies Open was held at the Taipei Arena between October 30 and November

7. Female contestants Chuang Chia-jung, Xie Shu-wei and Chang Kai-chen from Taiwan competed against athletes from other countries; the women's singles was won by Peng Shuai from Mainland China, while the women's doubles was contested by Chuang Chia-jung and Chang Kai-chen from Taiwan, and another team composed of Taiwanese athlete Xie Shu-wei and Indian athlete Mirza. The match was comfortably won by Chuang Chia-jung and Chang Kai-chen by 6:4, 6:2 to clinch the championship title.

12. 2010 Fubon Taipei Marathon

The 2010 Fubon Taipei Marathon was kicked off at 7:00 on December 19, 2010 at the front square of the Taipei City Hall. The race was divided into a full distance marathon division, half distance marathon, 9km division, 3km Fun Run division and 2km Children's division; an estimated 110,000 contestants from 49 countries around the world participated in the event; the oldest participant was 94 years old and the youngest was only five. In the full distance marathon division (42.195km), Taiwanese athlete Wu Wen-qian and Xu Yu-fang both took eighth place ahead of elite athletes from other countries; furthermore, Taiwanese athletes Zhang Jia-zhe, Xie Qian-hao, Zhou Ting-yin and You Ya-jun also took top positions in the half distance marathon and 9km division. The domestic athletes demonstrated outstanding performances.

13. Taipei International Youth Baseball Championship

The Taipei International Youth Baseball Championship was held on December 24 to 27, 2010 at the Taipei Municipal Baseball Stadium and Xinzhuang Baseball Stadium. Teams from Taiwan included Yangming High School (Junior High School Department), Chongqing Junior High School, Changan Junior High School and teams from other counties/cities; overseas teams included teams from Japan, Korea and Hong Kong, totaling 24 teams. First place was clinched by Taichung City Xiyuan Junior High School; second place was New Taipei City Erchong Junior High School; third place was Tokai, Aichi from Japan, while fourth place was Kaohsiung City Qiaotou Junior High School.



OEC Taipei Ladies Open.



Small contestant welcomes the break of dawn at the Fubon Taipei Marathon.



Taipei International Youth Baseball Championship.

Part 3 Cultivating Outstanding Athletes and Deep-rooted Basic Training

1. Deep-rooting School Sports Education

Education is necessary for stimulating the development of humanity, while school sports education is an integral part of education, since a healthy spirit may only be attained through a healthy body. For many years, the Department of Education, Taipei City Government has persisted in the spirit of constantly striving for improvements by taking into consideration the cultural diversity of modern society and the educational ideals of Education without Discrimination, and Teach According to the Abilities of the Students. Standardized special sports classes have been established, together with the cultivation of sports academic and practical disciplines, so that students with sports development potential may be discovered, and a standardized outstanding sports talent cultivation system may be established. In particular, Taiwan is an island-nation that lacks natural resources and international diplomatic ties; therefore, a system which serves to cultivate basic level athletes is extremely important.

Recently, Taipei City has been actively promoting school sports development and policies have been implemented to encourage schools to establish special sports classes and hire fulltime sports coaches; it has also set aside grants to improve the sports training environment in schools; it has awarded sports student tuition fees and training subsidies in order to encourage schools to actively participate in various sports competitions and organize citywide games, the Education Cup single event championships and international sports exchange events. The goal of such policies is to enhance the international presence of the schools' sports teams; so far they have begun to demonstrate the desired results.

Taking the 2010 National High School Athletic Games as an example, Taipei captured 56 gold medals; although it was only ranked 2nd overall nationally, the city received a total of 173 medals; this is 20 medals more than in 2009, making Taipei no.1 in terms of the quantity of medals won.

Looking at the total number of medals won by our representative team at the 16th Guangzhou Asian Games (13 gold/16 silver/38 bronze), 5 gold/5 silver/7 bronze medals were won by athletes whose skills were cultivated in schools in Taipei City, a truly impressive and heartening performance.

Recently, the Department of Education, Taipei City Government has expanded the magnitude of various citywide single event championships, created the trend and habit of student sports and encouraged schools to organize group sports league matches and key sports events. Through interschool group sports competitions, a local sports trend may be generated, thereby establishing a firm foundation for the promotion of citywide sports events.

In an endeavor to deep-root the school single event sports training and improve its sports competitive strength, Taipei City has set aside dedicated funds for the tuition fees and training subsidies of outstanding candidates, so that they may commit fully to training for their specialized sports events and enhance their training results. In addition, in resonance with the Ministry of Education's policy, the Taipei School Baseball Promotion Plan was formulated to assist the establishment and development of school baseball teams. For instance, Taipei's Chongging Junior High School represented the Asia-Pacific region



Relay competition at the Mayor's Cup Swimming Competition.



The torch enters the Elementary and High School Games.



Mayor Hau Lung-bin enjoys dinner with the Chongging Junior High School baseball team.

and traveled to the US to participate in the World Youth Baseball Championship. The team defeated their 2010 US counterpart by a score of 9:1 to take back the long-awaited championship trophy. Jingmei Girls High School tug of war team also attended the TWIF Outdoor World Championship held in Pretoria, South Africa in 2010 and took first place in the women's 500kg open and championship division, in turn setting a resplendent record in the history of tug of war in Taiwan. Furthermore, the team was also crowned with the laudatory title of New Glory of Taiwan.

School sports education forms the foundation of social sports education, while social sports education is an extension of school sports education; in other words, if a firm foundation is established for elementary school sports classes, the national sports team will be given opportunities to glow and shine on the international stage. For instance, the glory of Taiwan such as Wang Chien-ming, Olympics tae kwon do gold medalist Chen Shi-xin and tennis ace Lu Yan-xun were key to breaking through the diplomatic hardships experienced by Taiwan, and marketing Taiwan to the international community and making its presence felt; their contributions are invaluable.

In the future, the Department of Education, Taipei City Government will continue the policy by actively nurturing schools in Taipei City to develop various sports events; furthermore, it will also create a quality sports training environment and employment engagement mechanism for school teachers and students in Taipei in order to cultivate more outstanding athletes.

2. Establishing Training Stations for Athletes

In accordance with major policies such as the Taipei Basic Athletic Training Station Administration and Sports Affairs Council, Executive Yuan Baseball Promotion Plan, 158 Basic Athletic Training Stations have been established in various schools in 2010. In total, 18 sports categories have been cultivated.

(1) Purpose for Establishing the Stations

In order to discover and cultivate potential athletes and enhance the strength of competitive sports in Taipei City, Basic Athletic Training Stations have been established to deep-root sports cultivation.

(2) Station Establishment Planning in Accordance with Sports Categories

- A. Key sports categories: Track and field, swimming, table tennis, badminton, archery, tae kwon do, tennis, judo, gymnastics, women's softball, shooting, baseball.
- B. Self-selected sports categories: Karate, boxing, wrestling, fencing, rowing, kayaking.

(3) Basic Athletic Training Stations

Taipei City has placed great emphasis on Basic Athletic Training Stations, in addition to track and field sports grounds, professional stadiums have also been constructed for badminton, table tennis, tennis, tae kwon do, karate and boxing; furthermore, in resonance with the Ministry of Education's policy on swimming, it is expected to attain the goal of one swimming pool per school.

(4) Mid to Long-term Cultivation Goals and Expected Benefits

- A. Short-term Goal: Cultivate the athletes’ interests in participating in the Taipei City High School Athletic Games.
- B. Mid-term Goal: Increase the strength of competitive sports to compete for the championship of the National High School Athletic Games.
- C. Long-term Goal: Cultivate outstanding national athletes to win the championship of the National Athletic Games.

(5) Supervision and assessment

- A. Form a supervisory team to provide professional consultation and recommendations and provide relevant information and explanations on Basic Athletic Training Stations,
- B. The Basic Athletic Training Stations should make implementations according to the plan and establish various data in accordance with performance assessments.
- C. The Basic Athletic Training Stations should deliver an implementation performance report to the Taipei Sports Office within one month after the end of each year.
- D. If training work is not conducted in accordance with the plan, or if performance is poor, or if cannot be impossible to cooperate with visits by supervisors, the Taipei Sports Office will no longer provide funding subsidies.

(6) Plan Performance

- A. Establish an individual database for athletes.
- B. Ensure the smooth passage of education for outstanding athletes.
- C. Substantiate Taipei City’s sports stadium facilities and equipment; improve the training environment and enhance training performance.
- D. Received 4th place at the 2009 National Athletic Games and 2nd place at the 2010 National High School Athletic Games.

Table 1: Various Basic Athletic Training Stations in 2010

Category	No. of stations	Category	No. of stations
Track & field training station	28 stations	Women’s softball training station	3 stations
Swimming training station	27 stations	Shooting training station	1 station
Table tennis training station	16 stations	Baseball training station	8 stations
Badminton training station	12 stations	Karate training station	11 stations
Archery training station	8 stations	Boxing training station	4 stations
Tae kwon do training station	8 stations	Wrestling training station	6 stations
Tennis training station	8 stations	Fencing training station	2 stations
Judo training station	6 stations	Rowing training station	3 stations
Gymnastics training station	6 stations	Kayaking training station	1 station
Total	Elementary schools: 37/Stations: 59/ Junior high schools: 24/ Stations: 45/ Senior high schools: 22/ Stations: 52/ College:1/ Station: 2		

Part 4 Construction of Stadiums and Facilities to Strengthen Sports Skills

Taipei City has planned the construction of various sports ground facilities to act as the foundation for sports development; besides being used as venues for different competitive sports, they may also be used to train various single-event athletes or as leisure spaces for the public. Therefore, the facilities play a crucial role in the development of the city's competitive sports and sports for all.

In particular, the plan to establish a sports center in every administrative district is the first initiative of its kind by a local government in Taiwan; planning and construction of the sports centers in Taipei's 12 administrative districts began in 2000. After eight years of hard work by the City Government, all construction projects were completed in November 2010 and are now all open. Finally, the One Sports Center for One District concept has materialized.

The management of various sports centers in Taipei is outsourced to firm to provide the public with sports and leisure services through diverse facilities, sports classes and public welfare services, hoping to create customer value and social benefits for local residents. So far, the facilities have effectively raised the public's willingness to participate in sports. It has been estimated that after all the sports centers are opened, the sports population of Taipei will reach one million people per month, thereby accomplishing the objective of promoting sports for all, enhancing the mental and physical health of the people in Taipei, and materializing lifelong sports.

Furthermore, standard competition venues for various sports events such as track and field grounds, baseball stadiums, basketball courts, tennis courts and extreme sports grounds, are also under construction in order to satisfy the needs of different sports enthusiasts. In turn, the policy objectives of sports development for all, sports popularization and diversification will be attained.

The Taipei Daan Sports Center is located at the intersection of Xinhai Rd. 3rd Section and Keelung Rd., next to the Training Institute for Judges and Prosecutors, Ministry of Justice; it is the 11th sports center constructed to fulfill the government's policy on enhancing the health and fitness of local residents and increasing their quality of life. The center was opened on April 10, 2010.

The center includes facilities such as 50m and 25m indoor heated swimming pools, a SPA pool, a steam room, a reading room, a community classroom, a fitness center, a dance classroom, a children's playground, a rock climbing gym, a basketball court, a badminton court, a table tennis court, a squash court, a pool court and a golf driving range.

The Taipei Wenshan Sports Center is located at the intersection of Xinglong Rd. and Wanfang Rd., near Wanfang Hospital and the Taiwan Police College. The center is not only established in a picturesque



Wanhua combined stadium.



Beitou water sports course.



The magnificent exterior of Daan Sports Center.

backdrop, it also features urban functionalities; the local residents are friendly and benevolent, making it the premier cultural and educational district. The center was officially opened on August 29, 2010 under high expectations from the general public.

The center includes comprehensive new facilities such as a 25m indoor heated swimming pool, a children's pool, a SPA pool, a steam room, a chess & reading room, a community classroom, a fitness center, a dance classroom, a children's playground, a rock climbing gym, a multifunction court, a table tennis court and a pool court, among others, offering a convenient, high-quality and multifunction sports/recreation complex for the public.

The Taipei Extreme Sports Training Center was completed in November 2010; the two arch walls in the center represent the trajectory of air loops. The main building consists of two floors and the interior space is approximately 170 Ping (562 m²), including a weight training room, a restroom for athletes, a restroom for coaches, an office, a conference room, an infirmary, a bathroom, a toilet and a storage room.

Sports facilities include an extreme movable large vertical ramp (18m long x 15.5m wide), a small vertical ramp (12m long x 11m wide), a rock climbing gym (5m high x 5m wide), a concrete skating park and park area. This was the official venue for the 2010 Asian Extreme Sports Championships; in addition, it is also the professional training base for cultivating outstanding domestic extreme sports athletes and preparing for the 2012 London Olympic Games.

In an effort to satisfy the public's increasing needs for sports facilities, the Taipei City Government has completed the Taipei Gymnasium and Taipei Track & Field Stadium, which are also used to host major international competitions.

Taipei is an urban basin city and land for the construction of public sports grounds is not readily available; therefore, considering that the existing sports centers and facilities are unable to cope with the growing sports population, more sports parks are being built on the land along the riverside area to provide the public with quality recreational space and to host various competitive events. Furthermore, no fees



Opening ceremony of Daan Sports Center



The newly constructed softball park at Rainbow Riverside Sports Park

are charged for using the facilities; applicants are only required to pay a reservation deposit in advance, which will be returned without interest at the end of the event and after making sure that the venue has been restored to its original condition. Consequently, the public does not need to worry about paying a large sum of money to use the riverside sports parks. The parks enjoy wide acceptance and usage from sports-related organizations; this in turn compensates for the current insufficient facilities in the city. In 2010, the Taipei City Government constructed a sevens football field at the Bailing Riverside Sports Park, two baseball stadiums at the Guanshan Section of the Yingfong Riverside Sports Park and a softball park at the Rainbow Riverside Sports Park in order to cater to the needs of the vast number of baseball and softball enthusiasts in the city and enhance the ambiance of sport for all.

After sports centers are established in Taipei's 12 administrative districts, the Taipei City Government also plans to build the Taipei Second Generation Sports Center and develop in the direction of segmentation; for instance, to develop sports grounds which cater to the distinct needs of senior citizens, women, children, youth and disabled individuals. In addition, there will also be shooting ranges and water sports centers in the future to create more diverse sports in Taipei, as well as to find more suitable sports grounds for all the different groups.

Furthermore, in an effort to increase private participation in the management and maintenance work of public infrastructures, the Taipei City Government will continue to plan and construct sports facilities which will be outsourced to external management and adoption by professional private enterprises to assist in grounds management and maintenance, while improving the optimal benefit of the sports grounds.

Conclusion

Taipei City's promotion of its social sports policy includes the promotion of sports for all, total sports development, enhancing administrative efficacy, promoting basic sports development in all administrative districts in Taipei City, collaborating with private sports organizations to organize various sports activities, providing Taipei residents with the latest event information, serving the public, allowing residents to enjoy sports, effectively increasing the sporting population and stimulating the health of the people of Taipei.

Furthermore, a primary objective is also to organize large international sports events, promote intercity sports exchanges with foreign countries, enhance friendly relationships, elevate the competitive standard of athletes, establish basic level training stations to cultivate athletes, reorganize various riverside and gymnasium facilities, implement the policy of One Sports Center for One District; in addition to catering to the needs of the vast sports population and enhance the ambiance of sports for all, the venues may also be used by schools to train athletes and to organize various competitions.

In the future, Second Generation Sports Centers conforming to the philosophy of segmentation will also be constructed to satisfy the policy objective of increasing the sports population of all groups. Through approaches such as outsourcing to external management and adoption, private enterprises are encouraged to partake in grounds management and maintenance of public infrastructures, while improving the optimal benefit of the sports grounds.